

Staying Healthy Checklist

- ✓ **ASK** your CenCal HEALTH member to fill out the age/language specific Staying Healthy assessment tool at the first well-care visit to your office.
- ✓ **ASSIST** your patient in completing the tool, if needed.
- ✓ **DOCUMENT** in the member record if member declines to complete the tool.
- ✓ **REVIEW** the completed tool (provider with the member) during the well-care visit.
- ✓ **GIVE** the member a copy of the age-specific Staying Healthy California member education handout.
- ✓ **RE-ADMINISTER** the tool according to the following schedule:

0-3 years
4-8 years
9-11 years

One assessment for each age group, completed by parent or guardian

12-18 years

Once a year, self-administered

18 years and older

Once a year, self-administered

- ✓ **INCLUDE** the completed tool as a permanent part of the member's medical record